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**SCHIZOPHRENIA OF MAIN CHARACTER IN THE NOVEL  
WORDS ON BATHROOM WALLS BY JULIA WALTON**

**THESIS**

**Submitted to the Board of Examiners  
In Partial Fullfillment of the Requirements for  
Literature Degree at English Literature Department**



**By:**

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**SULTHAN THAHA SAIFUDDIN JAMBI**

**2022**

NOTA DINAS

Jambi, 22 Juni 2022

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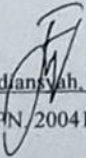
*Assalamu'alaikum Wr. Wb.*

Setelah membaca dan mengadakan perbaikan seperlunya, Maka kami berpendapat bahwa skripsi saudara : Millen Rahmanisha Utami, NIM. 403180018, yang berjudul "**Schizophrenia Of Main Character In The Novel Words On Bathroom Walls By Julia Walton**" telah dapat diajukan untuk di Munaqosyah kan guna melengkapi tugas – tugas dan memenuhi syarat – syarat untuk memperoleh gelar sarjana strata satu (S1) pada Fakultas Adab dan Humaniora, UIN STS Jambi. Maka, dengan itu kami ajukan skripsi tersebut agar dapat diterima dengan baik.

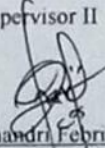
Demikianlah kami ucapkan terimakasih, semoga bermanfaat bagi kepentingan kampus dan para peneliti.

*Wassalamu'alaikum wr. wb.*

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To  
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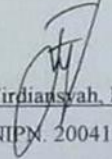
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After reading and revising everything extend necessary, so we agree that the thesis entitled "**Schizophrenia Of Main Character In The Novel Words On Bathroom Walls By Julia Walton**" can be submitted to Munaqosyah (Thesis Examination) in partial of fulfilment to the requirement for the degree of humanities scholar.

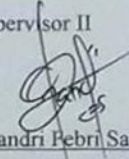
Therefore, we submit it in order to be received well. Thus, we hope it can be useful for all.

*Wassalamu'alaikum wr. wb.*

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### LETTER OF RATIFICATION

This thesis had been examined by the board of examiners of Adab and Humanities Faculty The State Islamic University Sulthan Thaha Saifuddin Jambi on July 15<sup>th</sup> 2022 and accepted as a part of requirements that have to be fulfilled for obtaining Undergraduate Degree (S1) in English Literature Department.

Jambi, August 31<sup>st</sup> 2022

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Name : Millen Rahmanisha Utami  
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Supervisor I : Firdiansyah, MA  
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By signing this letter, I state that the thesis entitled "**Schizophrenia Of Main Character In The Novel Words On Bathroom Walls By Julia Walton**". This is my own original work if this thesis not original or cheating from other writer, I will be ready to be responsible and get punishment based on the role of Adab and Humanities Faculty of Islamic State University Sulthan Thaha Jambi.

Therefore, I make this statement in good health and mind.

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## MOTTO

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَلَنَبْلُوَنَّكُمْ بِشَيْءٍ مِّنَ الْخَوْفِ وَالْجُوعِ وَنَقْصٍ مِّنَ الْأَمْوَالِ وَالْأَنْفُسِ وَالثَّمَرَاتِ ۗ وَبَشِّرِ الصَّابِرِينَ

“And indeed We will give you a trial, with a little fear, hunger, lack of wealth, soul and fruit. And give glad tidings to those who are patient.”

(Q.S. Al-Baqarah : 155)

“Dan sungguh akan Kami berikan cobaan kepadamu, dengan sedikit ketakutan, kelaparan, kekurangan harta, jiwa dan buah-buahan. Dan berikanlah berita gembira kepada orang-orang yang sabar.”

(Q.S. Al-Baqarah : 155)

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## DEDICATION

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*First of all, I would like praise and thank to Allah SWT who always given health so that the researcher can finish this thesis. And don't forget to give thank to the Prophet Muhammad SAW as a good role model and the leader of all human kind.*

*I dedicate this thesis to :*

*My parents always give prayer, advice, support, and love.*

*Especially my deceased Mother always gives me all the love and life lessons that are very valuable to me.*

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## ACKNOWLEDGMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The first, praise and gratitude the researcher pray to Allah SWT who bestows love so that the researcher can complete the thesis entitled "*Schizophrenia Of Main Character In Novel Words On The Bathroom Wall By Julia Walton*" which was carried out as one of the requirements for obtaining a bachelor degree (S1 ), English Literature, Adab and Humanities, State Islamic University of Sulthan Thaha Saifuddin Jambi. Sholawat and greetings to the great Prophet Muhammad SAW who has brought us from the shadow of a bright world like today. In the preparation of this thesis, many people have helped the researcher in various ways. Therefore, the writer sincerely thanks to :

1. Prof. Dr. H. Su'aidi Asy'ari, MA, Ph. D as The Rector of State Islamic University of Sulthan Thaha Saifuddin Jambi. And the Vices of Rector Dr. Rofiqoh Ferawati, SE., M, El; Dr. As'ad Isma, M.Pd; and Dr. Bahrul Ulum, S.Ag., MA.
2. Dr. Halimah Dja'far, S.Ag., M.Fil. I as the dean of Adab and Humanities Faculty. Dr. Ali Muzakir, M.Ag as the first Vice Dean of Academic, Dr. Alfian, S.Pd., M. Ed as the second Dean of Finances, and Dr. Raudhoh, S.Ag., SS., M. Pd. I, as the third Dean of University Student Of Adab and Humanities Faculty.
3. The Head of English Literature Department Dian Mukhalisa, MA. The secretary of English Literature Department Chandri Febri Santi M.Pd.
4. Firdiansyah, MA and Chandri Febri Santi M.Pd as my supervisor who has helped, guided, advised, and encouraged patiently. Thank You so much help from your time, ideas, patience that you gave during writing this thesis.
5. All the Lecturer and staff in this academic Adab and Humanities Faculty.

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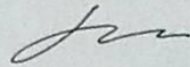
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6. My Father Drs. Sarmadi who has been a great father to me and always provides prayer support for me.
7. My beloved mother Saptiningsih, Amd., who always loved me until the end of her life, encouraged me in working on this thesis, and always became the best mother.
8. My 2<sup>nd</sup> beloved mother Lilik Nur Astuti, Amd., who always provides support, prayer, and encouragement and always be the best mother after my biological mother.
9. My little Brother Ega Maulana who always support me and always cheer me up.
10. All my friend in English Literature 18A Thank you for being a friend, family and encouragement in writing this thesis
11. My lovely Bestfriend Anasolehah Devi Rosadi, Iqqotus Solehah, Nurul Faizah, Utami Rizky Abdillah, Rabbu Taman Sari, Nita Sari, Jovian Agustia, Alfajri, Dwi Handayani, Darussalam, Tirsia Guslia Nugroho and Latipia Damayanti thank you for help, Thank you for motivate me to write this thesis, thank you for everything, thank you for make me happy and smiling all day And see you on the top.
12. All my friend in Pojok Curhat Thank you for everything and see you on the top.
13. My Boyfriend Sandy Gus Ceisar who always support and motivate me to finish this thesis.
14. Last but not least, I wanna thank me for believing me, I wanna thank me for doing all this hard work, I wanna thank me for having no days off, I wanna thank me for never quitting, I wanna thank me just being me all time.

This thesis still far away from perfection, the researcher needs some critics and suggestions in order to make better for future. Finally, the researcher wish that this thesis could give positive contribution for the readers, especially to the students of English Literature Department of Adab and Humanities Faculty.

Jambi, June 22<sup>nd</sup> 2022



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## ABSTRACT

Millen Rahmanisha Utami, 2022 : Schizophrenia of Main Character In The Novel *Words On Bathroom Walls By Julia Walton* Jurusan Sastra Inggris, Fakultas Adab dan Humaniora, Universitas Islam Negeri Sulthan Thaha Saifuddin Jambi.

Supervisor I : Firdiansyah, MA

Supervisor II : Chandri Febri Santi, M.Pd

This study discusses Schizophrenia of the Main Character In The Novel *Words On Bathroom Walls* by Julia Walton. The researcher chose this title to provide further information to readers and especially in the English literature department about Schizophrenia. The purpose of this study is to find and explain the first, the types of schizophrenia that exist in the main character Adam Petrazelli, the second the symptoms of schizophrenia, and the third way of treating schizophrenia. Researchers used three theories. The first theory is about the types of schizophrenia presented by the American Psychiatric Association, the second theory is conveyed by Keliat which explains the symptoms of schizophrenia, and the third theory by Ross Willson explains the treatment of Schizophrenia. This type of research uses descriptive qualitative research. sources of data in this study were all conversations spoken by all characters in the novel "*Words On Bathroom Walls By Julia Walton*" containing sentences related to schizophrenia. The data collection technique used was documentation. The results of this research indicate that: from the types of schizophrenia there is one that has been found, namely Paranoid Type which has been analyzed, the researcher only managed to find one symptoms namely positive symptoms and in these positive symptoms there are two characteristics found by the researcher (Hallucination and Behavior Change), there are two ways to cure schizophrenia Medical Intervention and Psychosocial Intervention.

**Keywords** : *Schizophrenia, Main Character, Words On Bathroom Walls.*

## ABSTRAK

Millen Rahmanisha Utami, 2022 : *Schizophrenia of Main Character In The Novel Words On Bathroom Walls By Julia Walton*.  
Jurusan Sastra Inggris, Fakultas Adab dan Humaniora, Universitas Islam Negeri Sulthan Thaha Saifuddin Jambi.

Supervisor I : Firdiansyah, MA

Supervisor II : Chandri Febri Santi, M.Pd

Penelitian ini membahas tentang Skizofrenia Tokoh Utama Di Dalam Novel Words On Bathroom Walls Karya Julia Walton. Peneliti memilih Judul ini Untuk memberikan informasi lebih lanjut kepada pembaca dan khususnya di jurusan sastra inggris tentang Skizofrenia. Tujuan penelitian ini untuk menemukan dan menjelaskan tentang : Pertama, jenis-jenis skizofrenia yang ada didalam tokoh utama Adam Petrazelli, kedua gejala-gejala skizofrenia dan ketiga cara pengobatan skizofrenia. Peneliti menggunakan tiga teori. Teori yang pertama yaitu tentang jenis-jenis skizofrenia yang di sampaikan oleh American Pshyciatric Association, teori yang kedua di sampaikan oleh Keliat yaitu menjelaskan tentang gejala-gejala skizofrenia, teori yang ketiga oleh Ross Willson menjelaskan tentang pengobatan Skizofrenia. Jenis penelitian ini menggunakan penelitian deskriptif kualitatif. Sumber data dalam penelitian ini adalah semua percakapan yang diucapkan seluruh tokoh didalam novel “*Words On Bathroom Walls By Julia Walton*” berisi kalimat yang berhubungan tentang skizofrenia. Teknik pengumpulan data peneliti menggunakan dokumentasi. Hasil dari penelitian ini menunjukkan bahwa: dari jenis-jenis skizofrenia ada satu yang berhasil di temukan yaitu Paranoid Type yang telah dianalisis, peneliti hanya berhasil menemukan satu gejala yaitu gejala positif dan di dalam gejala positive tersebut terdapat dua ciri-ciri yang di temukan oleh peneliti ( Halusinasi dan Perubahan Sikap), cara penyembuhan skizofrenia ada dua cara yaitu Medical Intervention dan Pshycosocial Intervention.

**Kata Kunci :** *Skizofrenia, Karakter Utama, Words On Bathroom Walls.*



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## CHAPTER I INTRODUCTION

### A. Background of the Problem

Literature is a term that often mentioned and often discussed along with its development from time to time. Not infrequently literature is considered something fictitious and imaginative. According to etymology, the word literature comes from the word *su* and *sastra* or English mean literature, means good and literature comes from the language (Sansekerta). Literature is the result of the life of the soul that is incarnated in writing or written language that describes or reflects human life (Kartika & Suprpto, 2018 : 1-3).

Literature presents various forms of problems, psychology, and human behavior because literature and psychology have a very close relationship. Literature is also one of the souls of the author, and authors write everything they see and they feel. Literature is also a form of the author's attention to humans and humanity as well as a form of world reality. Literature is written by its creator in various forms, namely poetry, short stories, novels, and many more. Many people see literature as aiming to learn, entertain themselves and increase their knowledge of literature.

Understanding the novel etymologically, the word novel comes from the English language, namely *novelette*, which then entered Indonesia in Italian called *novella* which means a small new item which is then interpreted as a short story. Currently, *novella* and *novelette* have the meaning of prose fiction whose length is neither too long nor too short. In (Kartikasari & Suprpto, 2018 : 115) book, it is explained that *According to Freye: stating that a novel is a real work that is not only imaginative but also can expand the experience of life and bring the reader to more colorful life.*



A novel is one form of work created by an author or which aims to express and express the soul of the author so that readers can see and also feel what was created by the author. A novel is a literary work that tells the problems of the life of the main character or several other characters, novels usually have a happy ending or even a sad ending. Sometimes novels can make the readers become carried away in the story. The author purpose in writing a novel is usually to provide experience to the reader and provide information and insight to the reader. Based on the explanation according to Freye in the book Kartikasari & Suprpto above, it can be concluded that the novel is a work of realistic fiction, not only imaginary but can provide more experience for the reader and can bring the reader to a better life.

Like the novel ever written by Julia Walton, she is one of the authors of novel that tell about mental illness such as schizophrenia, Julia Walton is a famous writer and award winning *words on bathroom walls*. She also received a *Master of Fine Arts (MFA)* in the field of creative writing at Chapman University. She lives in Huntington Beach, California with her husband Doug, and her daughter name Alexandria. Before becoming a writer she was a career person, she write quite a number of words on the bathroom wall and on the notepad. Her hobbies are writing she likes to write books all the time and bake cakes, she is a very intelligent career star and the company she works is very lucky to have her (Anastasia, 2020 ).

The novel she ever wrote about mental illness was *Words on Bathroom Walls*, this novel she wrote started from her curiosity about schizophrenia she conducted research on people affected by schizophrenia and saw many references through books, youtube, and people affected by schizophrenia to complete her writing. This novel is a fiction genre novel written by Julia Walton which tells about a 16 years old teenager suffering from schizophrenia named Adam. Julia Walton write this book because she started from being very curious and want to share information about schizophrenia, through this novel Julia Walton wants to help readers inform about mental illness, they see how the characteristics of people affected by mental illnesses such as schizophrenia and with this novel Julia Walton hope to treat mental illnesses like schizophrenia. She explained in this novel that not everyone who has

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mental illness can harm many people and there is no need to be afraid, we should even support them so that they can improve, especially people who have mental illness since their teens.

Psychology and literature have a very close relationship and the two elements can't be separated. This is based on the fact that several theories in psychology can't be separated from literary contributions, for example the theory of Oedipus Complex, Electra Complex, Eros and Thanatos. The study of literary psychology relies more on one's ability in terms of psychology, understanding someone in terms of psychology is not an easy thing because it requires a broad understanding of psychology. Many people who do not know psychology and literature are closely related and explain psychology according to Fuchs & Millar in the book (Ahmadi Anas, 2015: 3) "*psychology as a science*" which means that currently psychology can coexist with other sciences, especially with literature and so many literary writers, especially novels, use psychological elements that are written in their literary works to attract the attention of readers and broaden the readers' horizons of the novels they create.

Like the novel *Words On Bathroom Walls* written by Julia Walton, she wrote this novel aims to broaden the reader's knowledge related to psychology, many people do not know what schizophrenia is because they rarely hear about schizophrenic mental illness, and many people around who sufferers of schizophrenia but don't know the general characteristics experienced by the sufferer, so Julia Walton wrote this novel that aims to provide knowledge to her readers about schizophrenia through the main character named Adam petrazelli, what is unique in this novel is that the sufferer is a teenager who may be suffering from schizophrenia. The average person affected by mental illness such as schizophrenia is adult aged 20 years and over.

*" My first doctor said it was unusual for the symptoms to manifest in someone so young. Schizophrenic males are more commonly diagnosed in their early to late twenties. I remember thinking, well, shit, that's awesome. I am anusual."* (Walton, 2017: 2)

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The sentence above is the doctor telling Adam that this is unique. This is the first time he has found someone who suffers from schizophrenia as a teenager. Most people who get schizophrenia start at the age of 20 years and above and Adam is a unique child. This makes it interesting for researchers to examine the novel Words on Bathroom Walls because they want to find literary works that are related to psychological problems or what we often call literary psychology.

Based on the background above, the first reason why the researcher wants to analyze the novel “Words On Bathroom Walls By Julia Walton” as an object of research because that the discussion in this book is very interesting and the researcher can learn new lessons about how teenagers can get schizophrenia and know that teenagers with schizophrenia or people affected by schizophrenia need support from people around them, not being shunned and feared. then people with schizophrenia aren't dangerous, hallucinations are only at certain times, and can't harm those around them. From the character of Adam who is affected by schizophrenia, we can learn that people who are affected by schizophrenia are not always weak and cannot do everything. Adam's memory is still good and he is very intelligent but only his hallucinations are still there every time Adam is also trying to be a normal teenager in general.

The second reason is that Julia Walton is a famous writer and award-winning word on bathroom wall she also received a Master of Fine Arts (MFA) in creative writing at Chapman University. This book he published in 2017 in the United States By Random House Children's Books. This book was written by Julia Walton starting with her curiosity about schizophrenia and it is rare for teenagers to get schizophrenia then also with Julia Walton wrote this book because she hopes to provide a little knowledge about schizophrenia experienced by teenagers and Julia Walton describes the teenager with Adam Petrazelli . The author is interested in researching this novel, no one has researched schizophrenia experienced by teenagers inside because of the main character.

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## B. Formulation of the Problem

Based on background above this research aims to find the answers of the following questions :

1. What are types of schizophrenia experienced by the main character in the novel *Words On Bathroom Walls By Julia Walton* ?
2. What are the symptoms of schizophrenia experienced by the main character in the novel *Words On Bathroom Walls By Julia Walton* ?
3. What is the treatment of schizophrenia for the main character seen in the novel *Words On Bathroom Walls By Julia Walton*?

## C. Limitation of The Problem

In this research many aspect are discussed in one novel. However in this research the researcher focus on the type of schizophrenia in the main character, the symptoms of schizophrenia, and the researcher also focus on how to treat schizophrenia in the novel *Words On Bathroom Walls*. The researcher focuses on Research the schizophrenia suffered by the main character named Adam Petrazelli in the novel *Words On Bathroom Walls*.

## D. Purpose of the Research

The research entitled "Schizophrenia of Main Character in The Novel *Words on Bathroom Walls By Julia Walton*" aims to:

1. To find types of schizophrenia in the novel *Words On Bathroom Walls*.
2. To find the symptoms of the schizophrenia which one experienced by main character.
3. To find out what are the treatment for main character with schizophrenia as teenagers.



## E. Significance of the Research

This research is intended to provide knowledge, an in-depth understanding of schizophrenia described in the novel *Words On Bathroom Walls By Julia Walton* and to inform readers about the importance of social characters caring for those around them, especially those with mental illness. because they need support and support do not stay away from them. This research is expected to provide a reliable analysis of the mental development of the character in the main character. then to find out why schizophrenia can be affected as a teenager and the normal age of someone who is affected by schizophrenia than the age difference between men and women with schizophrenia.

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## CHAPTER II

### THEORITICAL FRAMEWORK

#### A. Psychology Approach

In this research, the researcher applies a psychological approach to analyze the novel. Literature is a representation of the human soul to understand other souls. Literature has various streams as areas of study such as philosophy, psychology, sociology, anthropology, and religion. Psychology is part of the study of literature that examines the psychological problems of humans (characters) contained in literary works, both from the perspective of the work, the author, and also the reader. Through literary psychology, one can study psychology without having to study pure psychology which uses academic and technical language which sometimes doesn't make people like it less. Psychology is a science that studies humans and can be used comprehensively to understand the characters contained in a work. Psychology cannot be separated from literature and literature cannot be separated from psychology. In the view of society so far, literature seems to use more psychological studies as an auxiliary science. Literature also contributes to the naming of theories in psychology ( Anas, 8 : 2015 ).

Psychology and literature have the same object, namely humans. Literature is a form of work made by humans. Literary works can describe or describe human life because basically a author uses his feelings to create a literary work. The psychological element is found in literary works because the process of its creation involves the personality of the author. Therefore, literary works are often found that are born from the turmoil of the soul which is poured into the form of literary works. So it can be concluded that literature and psychology are interrelated so that the study of literary psychology emerges. Literary psychology is a science that examines psychological elements in literary works.

According to Wellek and Warren (1949: 75), the psychology of literature is the psychological study of writers, as a study of the creative process or the study of the

types of psychological laws that exist in literary works and provide literary effects on their readers.

Based on the explanation above, according to Wellek and Warren's theory described above, psychology and literature have a relationship with literature so that literary psychology is the study of psychology, then it relates to the creative process, the psychological laws that exist in literary works and after the reader reads the author's book. create a literary effect on its readers, literature has a very close relationship to psychology because psychology is very influential on every work that the author creates to add insight and knowledge to his readers and most novel literary works use psychology to explain the characters in the existing story and the novel.

According to Freud in Ross Wilson book (2019 : 15 ) when an individual ' s ego is not strong enough to cope with the impulses of the Id (the primitive and instinctual part of our minds), he or she may become overwhelmed by anxiety. Instead of coping in an adult manner, the individual instead gives up and regresses to the oral stage of development where the Id and the Ego are not yet separated.

## B. Schizophrenia

Schizophrenia is one of the mental disorders that has the most psychotic types, changing Dementia Praecox to schizophrenia the word comes from schitos which means "split" and phren which means "split-brain". According to Bleuler in the book Rilla Sovitriana (2009: 2), emphasizes that schizophrenia occurs because of the fragmentation and separation of cognition, affect, and behavior, so there is no compatibility between thoughts and emotions or a person's perception of reality and what is happening.

Based on the explanation above, According to Bleuler in Rilla Sovitriana's book, schizophrenia has many types of psychotic, Dementia Praecox and turned into schizophrenia the word comes from Schitos which means "split" and phren

which means "split-brain". So initially there was no word schizophrenia as time went on there was the word schizophrenia.

Schizophrenia is expressed in late or early adulthood, rarely in childhood. The peak incidence of onset is 15 to 25 years for men and 25 to 35 years for women. The prevalence of schizophrenia is estimated at 1% of the total population (Mashudi, 2021 : 3).

Many people do not know how old the person affected by schizophrenia is Mashudi's book above explains the onset for men at the age of 15-25 years and the onset for women at the age of 25-35 years.

According to Bleuler in (Frith & Johnson, 2003: 15 ) book theory about Schizophrenia, the diagnosis of schizophrenia could be made even when delusions or hallucinations had never been present at any time. Based on that idea, he added to the catatonic, paranoid hebephrenic forms of illness described by Kraepelin latent and simple subtypes of schizophrenia.

Based on the explanation above, schizophrenia is a mental disorder that has many types of psychosis, schizophrenia occurs because of the splitting and separation of cognition, affect, and behavior so that there is no conformity of thoughts and about the reality of things that happen. Schizophrenia is rare in childhood and the peak of onset in men with schizophrenia is 15-25 years and in women around 25-35 years.

### C. Types of Schizophrenia

According to the American Psychiatric Association (1994 : 291) in the DSM-IV book, schizophrenia is divided into 5 types, namely paranoid type, disorganized type, ctatonic type, undifferentiated type and residual type and are described as follows :

#### 1. Paranoid Type

Hallucinations that are seen in the context of cognitive function and relative effects. Delusions in the paranoid type are usually violent and grandiose or both.

But delusions with other contextual themes such as (jealousy, religiosity, or somatization) can also occur. The delusions may be numerous, but are usually organized around a coherent theme. Hallucinations can also usually occur according to what happens in delusions. Paranoid is the most common type of schizophrenia. Usually, people with paranoid schizophrenia will feel they have more influence than their imaginary enemies through the unreal hallucinations they experience. This type of schizophrenia usually occurs due to environmental and hereditary factors, however, the trigger for schizophrenia is stress and trauma.

## 2. Disorganized Type/ hebephrenic

The essential features of disorganized schizophrenia are disorganized speech, disorganized behavior, and flat or inappropriate effects. This disorganized sufferer has no purpose in life (easy to despair). Disorganized symptoms can cause severe impairment in the ability to perform daily activities such as (bathing, dressing, or preparing food) and having excessive emotions.

## 3. Catatonic

Catatonic type of schizophrenia causes sufferers to experience periods of little movement and periods of being too active for no reason. In the period of little movement, the patient is usually unable to accept instructions from others, while in the hyperactive phase, the patient will become too active for no reason. Catatonic sufferers can show unusual physical styles and levels, for example, the person can move the body erratically or cannot move at all and this condition can last for minutes, hours, or even days. Such as Stupor (involuntary movement), Catalepsy (convulsions with the rigid body).

## 4. Undifferentiated Type

Undifferentiated schizophrenia is one of the diagnoses in which there is no typical clinical picture that meet any type of schizophrenia but in general symptoms of schizophrenia are found. This type has no specific symptoms, for example a person with schizophrenia sometimes shows symptoms of paranoid type schizophrenia, disorganized type and catatonic type and the symptoms can change



over time. Because this type is part of schizophrenia, people with this type of disorder remain a person with schizophrenia and require further therapy to a psychiatrist.

## 5. Residual Type

Residual type of schizophrenia is the current clinical picture of schizophrenia without prominent positive psychotic symptoms (e.g., delusions, hallucinations, speech or disorganized behavior with ongoing disturbances as indicated by the presence of negative symptoms (e.g. flat affect, poor speech or avolition) or with more than one symptom, namely attenuated positive symptoms (eg, extrinsic behavior, somewhat disorganized speech or strange beliefs) if delusions or hallucinations are present they are not prominent and are not accompanied by strong effects the sufferer.

Based on the theory of the American Psychiatric Association (APA) in the DSM-IV book there are 5 types of Schizophrenia, namely: 1. Paranoid Type has the characteristics of experiencing delusions and hallucinations, due to environmental factors, heredity, stress, and trauma. 2. Disorganized Type has the characteristics of disorganized speech, irregular behavior, disorganized behavior doesn't have a purpose in life, and easy getting emotional. 3. Catatonic type has the characteristics of sufferers sometimes have behavior that often moves and rarely moves, patients who rarely move are usually difficult to accept other people's instructions, and patients who are actively moving usually move more often. 4. Undifferentiated Type is a diagnosis of patients who do not find a typical clinical picture that meets any of the types of schizophrenia, but in general, symptoms of schizophrenia are found. This type does not have specific symptoms, for example, a person with schizophrenia sometimes shows paranoid schizophrenia type, disorganized type, and the catatonic type and usually, the symptoms of schizophrenia can change over time. 5. Residual Type has the characteristics of having negative symptoms, but what is more prominent in schizophrenia is positive symptoms.

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## D. Symptoms of Schizophrenia

Schizophrenia has several symptoms, namely based on research according to Keliat in( Mashudi, 2021 : 8 ) book :

### 1) Positive Symptoms

- a. Delusions : a belief that is not in accordance with reality that is maintained and can't be change by others. This belief stem from uncontrolled thinking, usually occur in people with mental disorders.
- b. Hallucinations: the emergence of the perception of hearing, seeing, tasting, smelling and touching something that isn't really there.
- c. Changes in the Stream of Thought:
  1. Disconnected flow of thought: in conversation suddenly forgets / can't continue the conversation.
  2. Incoherent: irregular talk
  3. Neologism: using sentences that are only understood by oneself and not understood by others.
- d. Behavior Changes : people with schizophrenia suddenly behave strangely after seeing what normal people have never seen.

### 2) Negative Symptoms

1. Hyperactive: a condition when a person with schizophrenia continues to be active regardless of the time, situation and surroundings.
2. Agitation: is a feeling of restlessness or irritation, anger that generally can make people with schizophrenia feel uneasy
3. Irritability: easily angered and easily frustrated.

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Based on the theory Keliat in the Mashudi's book there are 2 symptoms of schizophrenia, namely positive symptoms and negative symptoms. Positive symptoms are delusions (false beliefs, not in accordance with reality causing behavioral changes in people with schizophrenia because the delusions experienced by sufferers are like living in an imaginary world), hallucinations (feeling to see someone but actually not being real and can only be felt by people with schizophrenia with symptoms only positive and cannot be seen by other normal people) according to the appearance, hallucinations can be divided into several types, namely auditory hallucinations, visual hallucinations, tasting hallucinations, smelling hallucinations, and tactile hallucinations. Changes in the flow of thought, namely (the flow of thought is interrupted where the sufferer suddenly forgets or cannot continue the conversation, incoherent speech is not in harmony or can be called chaotic, the patient's neologism uses words that can only be understood by himself and difficult to understand by others Changes in behavior, namely schizophrenic people suddenly behave strangely after seeing what normal people have never seen Negative symptoms such as hyperactivity (conditions when people with schizophrenia continue to be active do not see the time, situation and surroundings), agitation (feeling restless or irritated) , anger that generally makes people with schizophrenia feel uneasy), and irritability.

## E. How To Treat Scizophrenia

According to Wilson ( 2019 : 15 ) there are several treatments for people with schizophrenia, namely :

### 1. Medical Intervention

Antipsychotic drugs are the drugs most commonly used in managing the symptoms of schizophrenia. Ross Wilson has said that problems with the brain's neurotransmitters can cause the symptoms of schizophrenia. Because antipsychotic drugs are given to balance the levels of the neurotransmitter, traumadamim. The medical goal of antipsychotic treatment is to manage the symptoms of

schizophrenia at the lowest possible dose. To achieve this, a psychiatrist may try several antipsychotic drugs and perhaps a combination of these drugs to determine which is most suitable for the patient's condition, antipsychotic drugs can be combined with other types of drugs, namely anti-anxiety drugs, or antidepressants.

## 2. Psychosocial Interventions

Psychosocial (psychological and social) should also be implemented even if a person is undergoing treatment for schizophrenia. Interventions can be applied after the symptoms of schizophrenia subside such as:

- Individual psychotherapy

The therapeutic process involves other people to find early warning signs of symptoms of schizophrenic relapse, and help improve the thought process of schizophrenic patients to think more about reality, by learning how to recognize signs of relapse. Individuals will know how to manage themselves until they get help from a psychiatrist. People with schizophrenia by normalizing their own thoughts they will recognize what is real and what is not real in their own way.

- Cognitive behavioral therapy

Known as CBT and cognitive remediation, this therapeutic option teaches individuals how to better identify the social triggers that lead to psychosis once the triggers have been identified, individuals are taught how to rearrange their thinking processes and memories.

- Family Therapy

Attention is needed by people with schizophrenia because people with schizophrenia really need support and support from their families. This family therapy is very important in order to have an impact for an effective recovery

- Social Skills Development

Once a person is diagnosed with schizophrenia they will see how they relate to those around them and how they perceive the demands of everyday life. A small number of people with schizophrenia recover completely because they return to their surroundings. But mostly not because they have to adjust to their environment with people who are already afraid of those who are affected by schizophrenia to apply this therapy is very difficult but if patients can recover with this therapy because the surrounding environment is willing to accept them with schizophrenia.

- Vocational training and rehabilitation

Because people with schizophrenia find it difficult to keep their jobs and find new jobs, people with schizophrenia must work in jobs that suit their circumstances the purpose of vocational training and rehabilitation is to prepare for job prospects, find work and stay in the job.

Based on Ross Wilson's theory, there are 2 ways to treat schizophrenia, namely medical intervention (treatment using drugs) then psychosocial intervention (treatment through a social approach between humans) because actually, people with schizophrenia aren't only medication using drugs, but support from people around is also important because to help people with schizophrenia have the spirit to recover.

## F. Novel

According to Abram in ( Kartikasari & Edy, 2018 : 15 ) book : Fiction in the inclusive sense, is any narrative which is feigned or invented rather than historically or factually true. In must present day discussion. However, the term fiction is applied primarily to prose narratives ( the novel and the short story) and is sometimes used simply as synonym for novel.

Through the novel the author offers various human problems and human life. Life and life after taking these problems seriously. This appreciation is expressed



by the author of the novel through imaginative means of fiction, but usually makes sense and contains a dramatizing truth about the relationship between humans.

The novel tell various problem of human life in the interaction of the novelist with others and with his environment, as well as the author's interaction with himself and God. The novel is the result of dialogue, contemplation, and the author's reaction to his life and environment, after going through intense appreciation and reflection. So, the novel is an imaginative work based on awareness and creative responsibility as a work of art with aesthetic elements by offering life models idealized by the author (Al-Ma'aruf & Nugrahani, 2017 : 74).

## G. Previous Studies

In this research , researchers focused on schizophrenia in the novel Words on Bathroom Walls. The following studies are the previous findings related to this thesis. First, this thesis was written by Rika Ambawani ( 2006) Universitas Airlangga Surabaya with the title “Skizofrenia Tokoh Utama Dalam Novel Pintu Terlarang Karya Sekar Ayu Asmara” based on Endeswara’s theory about abnormal psychology, the researcher used a qualitative descriptive study where the data collected included the conversations of the characters as research evidence. the. Researcher found that in this study the hallucinations experienced by the character of Gambir caused him to kill his parents. The difference with my research is that Rika's thesis examines the meaning, symptoms and causes in the novel Pintu Terlarang.

The second previous study was a thesis written by Nur Wahyu Hidayah (2015) Universitas Negeri Yogyakarta with the title “Problem kejiwaan tokoh utama dalam novel Pasung Jiwa Karya Okky Madasani” based on Nevid's theory of psychology. The researcher uses qualitative descriptive where the data collected is described based on the collected data. The researcher found that the anxiety experienced by the main character, namely anxiety disorders, dissociative disorders, mood disorders and suicide, the difference in the research that I

researched is that this thesis examines the main character in the novel Pasung Jiwa and examines what factors cause the main character to experience mental problems, how the main character is portrayed, and how to deal with it.

The third previous research is a thesis written by Santiah ( 2021) Universitas Negeri Sulthan Thaha Saifuddin Jambi Islamic with the title “The Schizophrenia of The Main Character in The Movie Shutter Island By Martin Scorsese” based on Sigmund Freud's theory which explains about Id, Ego and The super-ego in human life, the researcher uses qualitative descriptive, where the data collected is described based on the data collected and explained in the film. The difference is that the writer explains the various types of schizophrenia in the film.

The fourth previous study written by Nur Amriani ( 2017) Universitas Islam Negeri Alauddin Makassar with the title “The Schizophrenic in CE Christianshen's The Roommate”. In this research, the researcher based on Kraplin and Rosen Theory explores the various types of schizophrenia and how to cure schizophrenia described in the characters in the film "The Rommate". The difference from my research is the object research and the theory used.

The similarity of this thesis with the previous findings above is talking about schizophrenia. But in this study, the researcher focused on the types of schizophrenia, the symptoms of schizophrenia, and the treatment of schizophrenia main characters in the novel. The difference in this thesis is that schizophrenia in the novel discusses adolescent schizophrenia experienced by the main character and uses a different theory from previous research. As in Rika Ambawani's research using Andeswara's theory of abnormal psychology, Wahyu Hidayah's research using Nevid's theory of psychology, Santiah's study using Sigmund Freud's theory, and Nur Amriani's research using Kraplins and Rosen's theory.

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## CHAPTER III

### METHOD OF RESEARCH

#### A. Design of The Research

In this research, the researcher uses qualitative research that prioritizes the depth of appreciation of the interactions between the concepts being analyzed, including the fabrication of literary texts with literary theories to understand the meaning of psychologically nuanced literary texts. The qualitative type used in this research is library research and uses descriptive research. The qualitative approach is often referred to as the humanistic approach, because in this approach a perspective, way of life, tastes, or emotional expressions. According to Samsu (2017: 65) *Descriptive research is often also called taxonomic research*. It is said so because this research is intended to explore or clarify a phenomenon, phenomenon, or social reality that exists. Descriptive research seeks to describe some variables related to the problem and unit being studied. According to Hidayat Syah in the book (Samsu, 2017: 65) descriptive research is a research method used to find the broadest knowledge of the object of research at a certain time.

Based on the explanation above, according to Samsu the researcher can conclude that descriptive research is often referred to as taxonomic research because this research is intended to explore or clarify social phenomena, phenomena, or realities. Descriptive research seeks to describe variables related to the problem and something that is being studied.

Then, based on the explanation above according to Hidayat Syah in the Samsu book, he explained that descriptive research is a research method used to find the broadest knowledge of the object of research.

According to Moleong (2004: 6), Qualitative research is research that produces analytical procedures that do not use static analysis procedures or other quantification methods.

Based on the explanation above, according to Moleong above, the writer can conclude that qualitative research is research that produces static analysis procedures or other quantification methods.

## B. Source of Data

The source of the data, is the main data that is directly related to the thesis discussion. In this research, the researcher take the main data from the novel “*Words On Bathroom Walls*”. This novel is one of the novel written by Julia Walton and published in 2017 and published in the United State by Random House Children's Book. This novel consists of 201 pages and 42 chapters, the name of the main character who is affected by schizophrenia is Adam Petrazelli he is a teenager who is affected by schizophrenia and adam has 2 imaginary friends name Jason and Rabecca.

## C. Technique of Data Collection

The technique of data collection is an important part of the research. so, the researcher must get valid data to get a good analysis. Therefore researchers use documentation techniques for collecting the data. According to Suyitno ( 2018 : 117 ) “ *penelitian kualitatif tidak hanya merujuk kepada faktor social tetapi bisa juga merujuk bahan berupa dokumen seperti teks ( berupa bacaan, rekaman audio, maupun berupa audio visual ). Hal ini biasa di temukan ketika melakukan penelitian terhadap naskah, karya sastra dan seni pertunjukan* ”. According to the statement above, qualitative research does not only refer to social factors but can also refer to documentation materials such as texts (readings, audio recordings, and

audiovisuals) usually carried out when researching literary texts and performing arts.

Research data can be retrieved by collecting several documents related to this research to limit the research. Data collection from information can be taken from the internet, literature books, and novel . The researcher takes data from the novel *Words on Bathroom Walls by Julia Walton*. Related to this research problem, the researcher collects data:

1. the researcher read the novel *Words On Bathroom Walls By Julia Walton* as the premiere date and the researcher reads several references related to the research topic in this case “schizophrenia”.
2. focuses on the parts of the novel that relate to the main character adam who is affected by schizophrenia in the novel *Words On Bathroom Walls By Julia Walton*.
3. Clarifying the data based on the research objectives by looking back and explaining the contents of the novel that we choose if it is by the discussion and theory that we use then we include it in the research.

#### D. Technique of Data Analysis

After collecting data, the researcher analyzed the qualitative data according to the Bogdan in the book (Sugiono: 319) *“Data analysis is the process of systematically searching and arranging the interview transcripts, field notes, and other materials that you accumulate tons of increase your understanding of them and to enable you to present what you have discovered to other”*

Descriptive analysis is data collected in the form of words, pictures, and not numbers. This is caused by the application of qualitative methods. Descriptive analysis is research that seeks to describe and interpret objects as they are. The researcher has several steps in analyzing data according to the model of Miles and Huberman's (1994: 10) activities in data analysis, namely:



## 1. Data Reduction

In this stage, the research carried out by the researcher is reducing data which means reading the text, summarizing, choosing the main things, focusing on the important things, and then looking for themes and patterns. Then the data that has been reduced will provide a clearer picture and make it easier for the researcher to carry out further data collection. The researcher reduces the data by identifying the data studied in several parts of the story. The researcher reduces the data by identifying the data studied in several parts of the story. The researcher clarifying the data, then the researcher analyzes everything about schizophrenia in several data sources and relate to the schizophrenia experienced by the main character Adam in the novel *"Words On Bathroom Walls By Julia Walton"*.

## 2. Data Display

After the data reducing, the next research is to display the data. In qualitative research, data presentation can be done in the form of brief descriptions, charts, relationships between categories, flowcharts, and etc. according to Miles and Huberman : *" The most frequent form of display data for qualitative research data in the past has been narrative text"* Often used to present data in qualitative research is narrative text. The researcher display the data in text form and explain the data taken in the novel *"Words On Bathroom Walls By Julia Walton"*.

## 3. Conclusion Drawing and Verification

The last step is drawing conclusions and verification, the initial conclusions are still temporary and will change if there is no strong evidence to support the next data collection. However, if the conclusions raised at an early stage are supported by valid and consistent evidence then the conclusions put forward are credible The researcher concludes from all the data in the novel *"Words On Bathroom Walls By Julia Walton"* which has been analyzed and interpreted.

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## CHAPTER IV

### FINDING AND ANALYSIS

#### A. Finding

In this chapter, the researcher analyzes data from Words On Bathroom Walls by Julia Walton. This research focuses on the types of schizophrenia, the symptoms of schizophrenia, and the treatment of schizophrenia experienced by the main character named Adam Petrazelli. Adam experiences hallucinations and has 2 hallucinatory friends who often accompany him named Rebecca and Jason, the researcher categorizes research into types of schizophrenia using the American Psychiatric Association (APA) theory in the DSM-IV book, the symptoms according to Keliat, and then the treatment of schizophrenia according to Ross Wilson.

#### B. Analysis

##### 1. Type of Schizophrenia found in The Novel Words On Bathroom Walls By Julia Walton.

Based on the theory of the American Psychiatric Association (APA,1994 : 291) in the DSM-IV book there are 5 types of Schizophrenia, namely: 1). Paranoid Type has the characteristics of experiencing delusions and hallucinations, due to environmental factors, heredity, stress, and trauma. 2). Disorganized Type has the characteristics of disorganized speech, irregular behavior, disorganized behavior doesn't have a purpose in life, and easy getting emotional. 3). Catatonic type has the characteristics of sufferers sometimes have behavior that often moves and rarely moves, patients who rarely move are usually difficult to accept other people's instructions, and patients who are actively moving usually move more often. 4). Undifferentiated Type is a diagnosis of patients who do not find a typical clinical

picture that meets any of the types of schizophrenia, but in general, symptoms of schizophrenia are found. This type does not have specific symptoms, for example, a person with schizophrenia sometimes shows paranoid schizophrenia type, disorganized type, and the catatonic type and usually, the symptoms of schizophrenia can change over time. 5). Residual Type has the characteristics of having negative symptoms, but what is more prominent in schizophrenia is positive symptoms.

From the characteristics described above, the researcher finds one type of schizophrenia that stand out in the main character in the novel *Words On Bathroom Walls* By Julia Walton seen in every behavior of the main character in the novel, namely Paranoid Type. Then the researcher analyzed the symptoms experienced by Adam and how the treatment was carried out by Adam. The following is an analysis based on his findings above :

- **Paranoid Type**

The paranoid type is having hallucinations of having an imaginary friend. The main character in the novel *Words On Bathroom Walls* By Julia Walton is named after his imaginary friends Jason and Rebecca. Paranoid is the type of schizophrenia that most often occurs, usually, this type of schizophrenic patient occurs because of environmental factors, heredity, stress, and delusions (false beliefs/realities that are believed continuously even though they are never real). In the main character, Adam, the schizophrenia he experienced could be due to heredity. In the novel, it is told that Adam's great-grandfather had also experienced something similar to Adam. Then Adam can also be affected by schizophrenia, seen from the stress factor in the novel *Words On Bathroom Walls* By Julia Walton, it is explained that Adam experienced disappointment and stress after his father left him.

### Datum 1

“Mrs. Brizeno said you looked up in the Chemistry lab, started, screaming, and fell to the floor.” I remember how calm she was. My mom has this jedi voice that short of washes over you whe she’s trying to get information. What that you see ?

I didn’t answer her right away I took of my spectacles and tried to pretend she wasn’t there, waiting for an answer.

**“Bats” I said, looking down at my shoes. “ Huge black bats”.**

**I didn’t tell her that they were twice the size of regular bats or that they had human or that their tiny fangs hung like needles from their mounts. ( pg. 4 )**

Based on the quote above, the explanation Describes that Adam was experiencing a paranoid type because he started having hallucinations but at that time Adam did not tell him that he was seeing a very large bat, and the text above gave the understanding that only Adam saw bats in the chemistry lab. and proved that he was hallucinating and exhibiting the characteristics of the paranoid type. Mrs. Brizeno told Adam's mother to come to school because Mrs. Brizeno felt something was wrong with Adam.

This bat is very large, larger than the size of an ordinary bat. Bats have huge bodies, and hideous eyes similar to those of humans, their teeth have sharp fangs in Adam's hallucinations. Adam was very scared to see the big bat because he had never seen such a big bat. When his mother asked Adam, Adam initially refused to tell. He knew if he explained it to his mother, she would think he was crazy because it couldn't be seen with normal human eyes and was inconceivable because it was so scary.

### Datum 2

**What do I see ? well, let’s start with who. I see Rabecca. I know now that she isn’t real because she never changes. She’s beautiful and tall like Amazon**

**tall with huge blue eyes and long hair that falls to her waist. And she's sweet and never says a word.** As far as hallucination go, she's completely harmless. **I've only ever seen her cry once, the day my mom found out about me. When it happened, I still thought Rebecca was real. I didn't understand that she was crying because I was crying. (pg. 7)**

Based on the quote above, Adam showed symptoms of paranoid type because Adam saw his hallucinatory friend for the first time no one could see him, only Adam could see Rebecca. she was a beautiful girl, tall as an amazon, with big blue eyes, and waist-length hair. At first, Adam thought Rebecca was a real person but after meeting Rebecca for a long time he realized that Rebecca was not human, only Adam's hallucination but Rebecca's hallucinatory friend who is very loyal to Adam wherever Adam is, he will always be beside Adam.

At first, Adam felt uncomfortable being followed by Rebecca but after he learned that Rebecca was just his hallucinatory friend, Adam felt used to Rebecca's presence in Adam's life. Rebecca is a good girl, she never bothers Adam it's just that when Adam feels sad Rebecca is sad too. At that time Adam saw him sad on Mother's Day Adam found out about Adam's illness and at that time Adam still thought Rebecca was real and at that moment Adam immediately understood that Rebecca was crying because Adam was crying.

### Datum 3

**“ So tell me about your father?”**

**Well shit. That didn't take long. Only four weeks in and we've already diagnosed the cause of all my problems. The epicenter of my delirium**

**The real reason I am the the way I am. my daddy done left me.**

That's what you want me to say, isn't it? That I'm emotionally scarred because my dad didn't want ti stick around to be my dad? Or that I blame my disease on him? that would be easy.



**You can't blame a disease on someone. Even if I wanted to. That's the stupidest thing I've ever heard. Do you really think I'm so much of a loser that I need someone to blame? Anyway, the disease is from my mom's side. ( pg. 26)**

Based on the quote above, describes Adam as having paranoid type symptoms because he feels traumatized by his father's life. Just as described the paranoid type Adam was initially asked to tell how he felt until he was 16 years old and which is young enough for a schizophrenic. Adam's psychiatrist once said, Adam is unique, Adam is the youngest schizophrenic, but there may be young schizophrenics similar to Adam, but this is very rare. When Adam was silent for a long time and didn't want to tell anyone, finally his psychiatrist told him the real reason. Adam is like this because his father left him and his mother when he still needed the father's love that he must feel.

The disappointment his father left him he never knew where his father had gone. When his mother told him that his father would never return home he felt sad and very disappointed he saw his very sad mother he was too young to feel and think hard about his comfortable family so he suffered from schizophrenia because he was disappointed with his father. . He never replied to his father's apology letter to Adam because Adam felt so disappointed and hated his father, that he felt that the reason he had schizophrenia was that his father had let him down. But he also explained that this disease came from his mother's side.

#### Datum 4

**Here's something you don't know. My great- uncle greg had it. He was my grandmother's brother and the thing I remember most about their relationship was that my grandma, liked to pretend he was normal. She never made it sound like he was anything other than a normal man whith problems. I never even heard the word "Schizophrenia" mentioned when anybody talked about him. I'm not sure sure that was helpful, but it was a different time and**

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people had less sympathy for disease that weren't killing anybody. Plus my mom said uncle greg was never diagnosed. If he hadn't had a family, he probably would've died on the streets ( pg.38)

Based on the quote above, describes that the main character in the novel by Julia Walton has a paranoid type because there are descendants from his mother who have the characteristics of being affected by schizophrenia. his great uncle has the same condition as adam both have hallucinations but his great uncle adam has never been checked by a psychiatrist and adam's grandmother pretends to think it's normal even though his great uncle is schizophrenic. The reason Adam's grandmother was like that was so that no one would look down on her great-uncle. Because at that time people lacked sympathy for others. Adam explained that Adam's uncle had the same condition as Adam, but at that time there were no doctors and therapists who could help Greg's great uncle.

#### Datum 5

**The naked guy visits once in a while. He's probably the weirdest hallucination I have. Taller than me. And stark naked. Cheeks to the wind. In my head I call him Jason. No reason, he just looks like a Jason.**

**He's actually a pretty nice guy. He reminds me to hold doors open. To say thank you. That kind of stuff. But we don't have a relationship beyond that. Jason is just a giant, naked presence wandering the halls in my school so that's crazy even for hallucination ( pg. 41).**

Based on the quote above, explains that adam saw his hallucination friend named Jason, he is Adam strangest hallucination friend he is a naked male and only Jason is his hallucinatory friend who is very strange. including the characteristics of the paranoid type because only Adam saw his hallucinatory friend named Jason. Adam first met Jason in the school corridors. He named Jason because he looks like an actor named Jason, Jason is a nice guy he always reminds me of small to big things, for example, he always reminds me to hold the door, say thank you, and

other good things that Jason often reminds me of Adam. But Adam realized that Jason was just a hallucination with a large and naked body. At first, Adam was shocked and did not expect to meet the strangest hallucinations Adam had ever encountered.

## 2. The Symptoms of Schizophrenia Experience by The Main Character in The Novel *Words On Bathroom Walls* By Julia Walton

The symptoms of schizophrenia are divided into two, positive symptoms and negative symptoms. In positive symptoms, there are several characteristics such as First, Delusion, which is a belief that is not a fixed reality and cannot be changed by others. This belief stems from uncontrolled thinking, which usually occurs in people with mental disorders. Second, hallucinations, namely the emergence of the perception of hearing, seeing, tasting, smelling, and touching something that is not there. Third, Changes in the Stream of Thought. Fourth, the behavior change of schizophrenics suddenly becomes strange behavior after seeing what normal people have seen.

Negative symptoms have several characteristics such as first, hyperactivity when a person with schizophrenia continues to be active, he doesn't see the time, situation, and atmosphere around him. Second, Agitation is a feeling of restlessness or irritation, and anger that can generally make people with schizophrenia feel uneasy. Third, Irritability is easily angered and easily frustrated. In this analysis, the researcher only has one symptom, namely positive symptoms, and the researcher also only finds two characteristics that are seen in the main character, namely hallucinations and behavior changes.

- **Positive Symptoms**

According to Keliat in (Mashudi, 2021: 8), positive schizophrenia symptoms have the characteristics of delusions, hallucinations, changes in thought flow, and

changes in behavior. In the novel Words On Bathroom Walls By Julia Walton, there are 2 positive symptoms, namely:

### 1. Hallucination

According to Keliat in ( Mashudi, 2021: 8) people with schizophrenia with positive symptoms have symptoms with the appearance of perceptions of hearing, seeing, tasting, smelling, and touching something that isn't there. The characteristics of positive symptoms are the same as being paranoid, namely, they both have hallucinatory characteristics. What happened to Adam is as follows

#### Datum 1

**But I see stuff I shouldn't everywhere. There's the man in the suit with the big metal briefcase that always spills open, flinging money everywhere. And the woman with the huge dog dragging her across the lawn. Then there's the weird shadowy guy who hangs out at the edge of my line of sight, always dashing into an alleyway. The mobsters. Rebecca a few others I only see once in a while .( pg 29-30)**

Based on the quote above, describes positive symptoms because Adam experienced hallucinations and according to the characteristics described in the positive symptoms in the theory of clay. And what the researchers underlined is that somewhere Adam suddenly saw his hallucinations and the only one who could see was Adam. It was explained that at that time he saw a man in a neat suit carrying a large open iron bag and the money in the bag was scattered, then Adam also saw a woman who was dragged by a big dog and brought the dog to the front of the yard, Then there is a strange man and suddenly enters the alley, there are mafia, Rebecca his hallucinatory friend and several others but only seen occasionally. From the quote, it is by the characteristics described in the positive symptoms described by

the visible, namely experiencing hallucinations. Something that Adam saw only Adam could see and hallucinations often occur when Adam.

## Datum 2

**In the corner of my room, I see a man standing in shadow. He's wearing a black bowler hat and crying a cane with a curved handle. Every few minutes, he checks his watch and looks at me.**

**" it's almost time," he keeps saying under his breath. "get ready to run. Train's coming."**

**"Almost time for what ?" I want to ask him.**

**But he just smiles and says nothing. He doesn't have to.**

**And even though he's creepy and I wish he'd leave, *he isn't what I'm afraid of.***

**I'm afraid of the way thing used to be when I believed he was real. ( pg.39-40)**

Based on the quote above, describes that the characteristics of positive symptoms because Adam experiences hallucinations, and his hallucinations cannot be seen by others. Adam suddenly saw his hallucination in the corner of his room adam saw a man standing alone in the shadows, the man was wearing a bowler hat and he was carrying a long stick with a curved handle every few minutes the man always checked his watch and looked at adam sharply and said " it's almost time," he keeps saying under his breath. "get ready to run. Train's coming."

From the above explanation by the theory stated, it seems that people with schizophrenia with positive symptoms have characteristics that sufferers experience hallucinations. Adam had hallucinations and the people around him did not see what Adam was seeing when he was hallucinating. It happened not just once but many times Adam had hallucinations.

## Datum 3



**When I walked home, I heard a train whistle and even thought I knew no trains were running and it wasn't real, I smiled. I like train.**

**Remember when I said thatnin stories trains mean etheir adventure or death ? maybe it's more than that. They might also main choice. Every time the train's whistle blows, it's like a call to do something. I just don't know what. (pg. 70)**

Based on the quote above, describes that includes the characteristics of positive symptoms because Adam experiences hallucinations. Adam recounted that when he was walking home, he suddenly heard the whistling of a train he did not know where the sound was coming from because Adam felt that no trains were running there and he immediately realized that the sound of the train he had heard it wasn't real Adam was just having hallucinations.

He immediately imagined adam who likes trains and adam immediately remembered something that in the story, usually trains are marked with adventure or death or maybe more than that or a sign that someone has to choose a brand. Every time the train whistle whistles, it means it's a call to do something but Adam doesn't know what to do, Adam experiences auditory hallucinations he hears the sound of a train but doesn't know where the sound is coming from.

#### **Datum 4**

**So we played tennis in my family room for a while. Jason sat behind us, his bare ass nesled into the couch cushions. Rabecca sat next to him. both of them watched our game like it was the most amazing watch they'd ever seen in their live. ( pg. 176 )**

Based on the quote above, it shows that including the characteristics of positive symptoms because Adam is experiencing hallucinations. Adam sees his hallucinatory friend Jason and Rebecca, only Adam can see his hallucinatory friend, Dwilight, can't see them. Jason saw Adam playing tennis in the living room with

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Dwilight. Jason sat on the couch he was undressed and Rebecca sat next to Jason they saw adam playing tennis as if they were watching the greatest tennis match. Jason and Rebecca are Adam's most loyal hallucinatory friends, they appear most often but the difference is that Adam often meets Jason in the school corridors, but Rebecca can be found anywhere because he appears suddenly. When Adam and Dwight play tennis, Jason doesn't usually appear suddenly, but at that time Jason appeared and watched with Rebecca.

## 2. Behavior Change

According to Keliat in ( Mashudi, 2021: 8) Schizophrenic patients with positive symptoms have a change in nature with the characteristics of schizophrenics suddenly their behavior becomes strange after they see what no one else has seen in the novel Word On Bathroom Walls, the main character adam has the following characteristics. The features described above are as follows:

### Datum 1

**The voices got louder until, quite suddenly, the buzzer signaling the end of the match sounded. We'd won by over sixty points.**

**But the voices didn't stop. They kept growing louder until I couldn't hear my own voice and couldn't concentrate over the sound of my pale, nerdy, cheering teammates, who were all as shocked as I was that their lowest scorer at practice had just miraculously out geeked them all. I knew how to pretend. I just nodded and smiled at everyone, even though I couldn't hear a word they were saying.**

**Then I saw my mom and watched her face fall. Her eyes said it all.**

**Be careful. Are you okay ?**

**The voices stopped and I could think again. ( pg. 74 ).**

Based on the quote above, evidence that there is a change in attitude. At that time Adam suddenly heard voices from inside his head saying "we won by a margin of more than sixty points" his voice got louder until he could not hear Adam's voice but when Adam saw his mother who was looking at him with thoughts that seemed to show his thoughts and The voice suddenly stopped and Adam could think again.

Adam voice is often suddenly heard. His mother knew that Adam suddenly experienced a behavior change. When his mother saw Adam and felt that Adam suddenly experienced a behavior change, the strange voices disappeared and were no longer heard by Adam. Adam often acts like that when his hallucinations appear and he doesn't know how to hide it from others because the reaction comes suddenly. This shows that including the characteristics of positive symptoms because Adam experienced a behavior change when he was experiencing hallucinations.

## Datum 2

**And like the smell of books.**

**A few minutes after I arrived, I noticed Ian staring at me. He had his feet up on a nearby table, and his ayebrow were raised. I'd unknowingly started twiddling the pen in my right hand to ward off the of flies that were circling my stack of books**

**But then I realized he wouldn't have kept staring if that we actually what I was doing. The flies weren't real.**

**So I stopped moving altogether then flies were still there, moving in perfect formation. Maya came back from the copy room a few minutes later and ask me why I was keeping so still. I told her I was studying, but really I was just concentrating on not acting weird. Ian was still watching me. ( pg. 93 )**

Based on the quote above, describes that including the characteristics of positive symptoms because Adam experienced a behavior change in the form of Adam

unknowingly doing that Adam waving the pen in his hand to repel the swarm of flies but all of that was just Adam's hallucination, it turns out that the swarm of flies is not real. Ian realized that Adam changed nature, namely Adam wagged as if there were flies there but in reality, there weren't any. Adam suddenly turned to Ian when he saw Ian was watching Adam with a very curious face.

Ian wants to know what happened to Adam, but Adam tries to hide his illness and no one should know about him being schizophrenic because he is afraid that his friends at St. Therefore when Ian saw Adam experiencing the hallucinations and experienced a change in Adam's behavior, he immediately took control of himself so that Ian would not find out about him.

### Datum 3

Rupert looked hurt.

**“You’re loosing it,” he said. “ you’d rather keep quiet and take your drugs until there’s nothing real left in you. Until everything that’s beautiful and creative and interesting about you is dilueted. You’re pathetic.”**

**“GET OUT!” I screamed.**

**It was bad timing. Some third grader had wandered into the bathroom at the exact moment that I’d screamed. It might have been startling to walk into someone shouting in a bathroom. But I imagine my size coupled with the fact that my fists came crashing down against the sink just as he walked in made it even more terrifying. For a second, he looked like he wanted to cry, then he bolted.**

**The door didn’t even get the chance to slam shut behind him before I saw Ian staring at me blankly, then fumbling, hurriedly with something in his pocket as he turned toward the puddle of puke on the urinal. He didn’t say a word he didn’t even look smug. I was shaking , and his eyes were just opened wide in disgust, maybe even fear (pg. 158)**

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Based on the quote above, it shows that including the characteristics of positive symptoms because Adam experienced a behavior change when he was experiencing hallucinations. Like when Rupert came in Adam felt out of control and the room around Adam started to spin and Rupert suddenly said to Adam you suck, you'd rather shut up and take medicine until there's nothing really to see in you, to creative, beautiful and interesting in yourself turns weak you suck.

Then Adam shouted and apparently, he didn't do it at the right time when a third grader entered the toilet he must have been shocked because apart from screaming he also punched the sink so hard that the third grader ran away. Adam didn't have time to close the door when he saw Ian staring at him blankly. He quickly turned around. Ian also didn't say anything. Adam had a behavior change, Ian had never seen Adam like that before.

#### Datum 4

**“Just go,” I said. “ It’s better if you just leave.”**

**It didn’t matter that I could suddenly hear all the voices talking at once or that the bullets from the mobsters’ guns made me flinch in my bed. I pushed the button for the nurse, and Maya got up and walked out, still crying.**

**That was when I realized that I hadn’t actually been broken until then, until I’d make her crying. ( pg. 174-175).**

Based the quote above, when Shows includes the characteristics of positive symptoms because Adam experienced a behavior change when he was experiencing hallucinations. When Maya asks and tells Adam to be honest about something that Adam is hiding from him, Adam suddenly hears hallucinatory voices that bother him so much that Adam shouts to tell Maya to leave, Maya cries and sees the change in Adam's character when experiencing hallucinations.

Maya just wanted to calm Adam down, but it turned out that Maya's attitude towards Adam was wrong, instead making Adam angry and showing behavioral



changes to Maya. Previously, Adam had never been angry with Maya, but when Adam heard the voice in his hallucination, he was disturbed by what Maya was doing. to adam.

### 3. The Treatment of Schizophrenia found The Main Character seen in the novel *Words On Bathroom Walls By Julia Walton*.

According to Ross Wilson ( 2019 : 15 ) There are 2 types of treatment for schizophrenia, namely Medical Intervention, and problems with brain neurotransmitters that can cause symptoms of schizophrenia. Because antipsychotic drugs are given to balance the levels of the neurotransmitter. The medical goal of antipsychotic treatment is to manage the symptoms of schizophrenia at the lowest possible dose. To achieve this, a psychiatrist may try several antipsychotic drugs and possibly a combination of these drugs to determine which is best suited to the patient's condition.

Psychosocial Intervention Psychosocial (psychological and social) should also be implemented even if a person is undergoing treatment for schizophrenia. This treatment involves other people to help heal the schizophrenic because apart from using drugs, people with schizophrenia also need support from those around them. Psychosocial includes several characteristics such as (Individual Psychotherapy, Cognitive behavioral therapy, Family therapy, Social Skill Development, and Vocational). training and rehabilitation). However, in the book *Words On Bathroom Walls*, researchers only found one characteristic, namely Family Therapy.

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## 1. Medical Intervention

According to Ross Wilson (2019 : 15) problems with the brain, and neurotransmitters can cause schizophrenia symptoms. Because antipsychotic drugs are given to balance the levels of the neurotransmitter, traumadomamim. The medical goal of antipsychotic treatment is to manage the symptoms of schizophrenia at the lowest possible dose. To achieve this, a psychiatrist may try several antipsychotic drugs and perhaps a combination of these drugs to determine which is most suitable for the patient's condition, antipsychotic drugs can be combined with other types of drugs, namely anti-anxiety drugs, or antidepressants. In the novel Words On Bathroom Walls By Julia Walton, the main character Adam is undergoing medical therapy using drugs to calm anxiety, anxiety and reduce his fear of hallucinations that he often encounters every time. Before he underwent medical therapy he often felt uneasy and could not distinguish between what was real and what was not and often had an imbalance in his body. However, after undergoing drug therapy, Adam felt better as described in the novel as follows:

### Datum 1

**Dosage 0,5 mg.**

**I can't really complain about pills, though. Things have gotten better since I start the new drug. We won't know how it really affects me until I've been on the full dosage for a while. They're easing me into it, which you already know. Part of the reason I'm required to sit in your office once a week so you can spot any problems and report back to clinical trial doctors.**

**So I'll tell you all the stuff you already know. The drug is called ToZaPrex, which, according to the label, can cause among other things, (1) decreased white blood cell count which hinders the body's ability to combat disease , (2) seizures, (3) severely low blood pressure, (4) dizziness, (5) trouble breathing and (6) severe headaches ( pg. 7).**

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Based on the quote above, describes of how treatment uses medical intervention, and in the quote above, Adam explains to his psychiatrist who is interviewing him. In this dose, Adam has felt better since taking the medicine, Adam slowly gave the dose until it was full. Adam also explained the name of the medicine he was taking. use it then he also explains the side effects that are in the drug.

And in the quote above it is explained that the name of the drug used by adam is ToZaPrex, since adam has used the drug as a treatment therapy, adam feels himself getting better, the hallucinations are still there but since using the drug, adam feels calmer and doesn't feel afraid anymore Then Adam began to be able to distinguish between what was real and what was not. Adam also explained some of the side effects of taking the drug.

## Datum 2

**Anyway, yeah, this drug is pretty incredible. The distance from the visions is really all I needed. Just a little bit of space away from it to watch everything happen. It's not all bad stuff, actually. Sometimes it's okay. Real. I'm not complaining about all of it.**

**No other hallucinations to report at this point. They'll show up when they feel like it. They always do (pg. 16).**

Based on the quote above, it is an explanation that when Adam underwent Medical Intervention treatment, Adam felt that this drug was great, he and his hallucinations became his needs. He had been comfortable with his hallucinations ever since he took the medicine he could distinguish the good and the bad from his hallucinations and felt comfortable after taking the medicine.

And from the data above it explains that all the hallucinations that Adam experienced were not all bad, some hallucinations came to tell them if there was something Adam had to do but sometimes Adam was not aware of the

hallucinations that Adam saw. At that time there were no hallucinations that often appeared but the hallucinations would appear when they wanted to appear.

### Datum 3

**Dosage 1,5 mg. increase in dosage appears to be showing positive result.**

**This relationship is weird because you already know that my doctors increase my ToZaPrex dosage. You already know that there are side effects, and because you are Harvard-educated psychologist, you know what those side effects are.**

**But I'm in a good mood and the drug is working well, so I'll tell you about "my experience" with the increase.**

**The headaches come and go. Mostly when I'm in crowded places where there is a lot of movement. And there's some sensitivity to light and increased hallucinations ( pg. 29)**

Based on the quote above, explains that Adam used medical intervention treatment, and then Adam told his psychologist who was undergoing Adam's therapy about how the drug was going well after the increase in the dose given by the doctor to Adam. It's just that after increasing the dose some side effects appear as headaches and hallucinations appear more often but Adam knows better how to distinguish between hallucinations and non-hallucinations.

From the data above, it is explained that since Adam underwent treatment therapy using the ToZaPrex drug, Adam felt he knew better how to distinguish between real or just hallucinations. And he was never afraid again when he saw his hallucinations that suddenly appeared because adam had been able to control himself since he took the drug.

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#### Datum 4

**The drug helps. I don't believe them anymore. The voices just kind of flicker in my head, telling me to do things. If I believed them like I used to .. they would be terrifying.**

**Usually it's a woman's voice but, that night after practice, it was a man's(pg. 56 )**

Based on the quote above, adam explains that he is using treatment with Medical intervention, and the drugs he is taking during his current therapy are very helpful for adam. he no longer believed in hallucinatory voices that sometimes suddenly came and bothered him a lot, after taking the drug the hallucinatory voices that Adam usually heard grew fainter in adam's head. sometimes his hallucinatory voice told Adam to do many things, he couldn't imagine if until then he still believed that it was real to his hallucinations.

The data above explains that Adam feels calmer when he is undergoing Medical Intervention treatment. because he has undergone medical therapy, it is no longer easy to believe in his hallucinatory voices which sometimes like to tell him to do something, and before Adam underwent medical therapy he always obeyed the hallucinatory words that were in Adam's head like that because he wanted the voices that existed in his head was silent and did not bother him.

#### 2. Psychosocial Intervention

According to Ross Wilson ( 2019 : 15 ) Psychosocial (psychological and social) may be carried out by patients who are undergoing treatment for schizophrenia. Interventions can also be applied after the symptoms of schizophrenia have subsided as described by the main character in the Novel Words On Bathroom Walls By Julia Walton as follows :



- **Family Therapy**

Family attention is needed by people with schizophrenia because people with schizophrenia need support from their families. Family therapy is very important to have an impact on effective recovery as described in the Novel Words On Bathroom Walls By Julia Walton, adam gets support from his family while he is undergoing therapy as follows :

**Datum 1**

**The good things is that he actually does love my mom. And since my mom loves me, he makes an effort. He was the one who suggested the new private school instead of tossing me back into a school where all the kids knew there was something wrong with me (pg. 4-5 )**

Based on the quote above, describes how Adam gets family therapy (family support) by showing Paul cares about Adam even though he is Adam's stepfather but he loves Adam just as his mother loves Adam. The support shown by Paul was by moving Adam to St. Agatha Because his old school already knew Adam's strange attitude, Paul wanted Adam to stay comfortable at school.

Paul loves Adam as much as his mother loves Adam, Paul tries to take part in the treatment of his illness, Paul is the one who found Adam a new school after the incident in the biology lab, his friends, and everyone at his school already knew about Adam. Paul is trying to transfer Adam to his new school, St. Agatha to make Adam feel comfortable at school. The form of family support that Paul showed to Adam was by paying attention to Adam's condition, finding a new school for Adam, and finding the best psychiatric doctor for Adam's treatment.

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## Datum 2

**I got nervous when the doctors told me they might take me off the drug. Mom says they aren't going to do anything hasty and we're still going to find a medication that does everything I need it to do, but I think she was just trying to keep me calm. She was trying to say the thing she knew would make me feel better, because that's what moms do, but I was still nervous, and sometimes when I get nervous I try to do things that aren't always a good idea ( pg. 127)**

Based on the quote above, describes that Adam received Family therapy by calming Adam when he was nervous. When the doctors told Adam they might stop the medication because there wasn't a proper dose for Adam. Adam's mother always said they wouldn't be able to do anything with it. in a hurry and Adam's mother always encouraged Adam and gave understanding to Adam so that Adam did not feel afraid.

His mother always comforted him by reassuring Adam that nothing would happen. And telling something about what his mother knows will make Adam calmer because that's what mothers do he will always try to keep his child calm and not afraid. His mother gave support to adam whenever he felt nervous and scared.

## Datum 3

**I didn't relize you'd told my mom about our silent sessions, but I I guess that makes sense. She doesn't really let anyone keep secrets from her. I'm sure than even if you wanted to keep that little bit of our relationship a secret, you couldn't have. My mom knows. That's why I'm sending this entry to you as an email instead of handing it to you across your desk.**

**Gotta love my mom. Even when everything goes to shit she wants me to keep seeing my therapist. It's her on going journey to make me whole. Probably because she feels responsible that I'm broken. "How's my boy?" she asked like nothing had changed. (pg. 163)**

Based on the quote above, describes that Adam got Family therapy from Adam's mother and Adam's mother found out and then asked the doctor how the progress was after the consultation session which was carried out secretly. And asking without Adam's knowledge, his mother will not let anyone who keeps secrets all about Adam, especially about Adam's disease.

The data explains that Adam loves his mother because there is so much attention and support shown by his mother to Adam, since his mother knew there was something strange in Adam until Adam underwent the treatment, his mother would still treat Adam like a normal person in general. always supports Adam so that he is enthusiastic about undergoing the treatment and that's why Adam loves his mother because he knows his mother loves him very much.

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## CHAPTER V

### CONCLUSION AND SUGGESTION

#### A. Conclusion

After analyzing the novel *Word On Bathroom Walls* By Julia Walton, the researcher concludes that:

There are five types of schizophrenia, namely Paranoid, Disorganized/Hebephrenic, catatonic, undifferentiated, and residual Type. In this type of schizophrenia, the researcher found just one type of schizophrenia in the novel *Words On Bathroom Walls* By Julia Walton that is Paranoid Type.

There are two symptoms of schizophrenia, namely positive and negative symptoms, and these symptoms are further divided, namely positive (delusions, hallucinations, changes in the stream of thought, and behavior change) and negative symptoms. (hyperactivity, agitation, irritability). The researcher can found one symptom of schizophrenia contained in the novel *Words On Bathroom Walls* by Julia Walton, namely positive symptoms and in positive symptoms, the researcher found hallucinations and behavior change. Where the main character Adam often experiences hallucinations and often loses balance in thinking which causes behavior change.

Treatment of Schizophrenia in the novel *Words On Bathroom Walls* by Julia Walton is Medical Intervention and Psychosocial Intervention. Researcher found data in the novel *Words on the Bathroom Wall* by Julia Walton Medical Interventions, the main character undergoes treatment regularly until finally finding the right dose. Then the Psychosocial Intervention in the book *Words on the Bathroom Wall* by Julia Walton there are five characteristics, namely (Individual Psychotherapy, Cognitive Behavioral Therapy, Family Therapy, Social Skill Development, Vocational Training, and Rehabilitation) and researchers only found one characteristic of psychosocial intervention, family therapy. Adam Petrazelli's

main treatment is not only using drugs but also using family therapy because people with schizophrenia also need family therapy (family support).

Based on the evidence found, this novel can increase the reader's knowledge about schizophrenia, especially knowledge about the types of schizophrenia, the symptoms of schizophrenia, and the treatment of schizophrenia as well as provide knowledge to the reader how people with schizophrenia in their teens are described by the main character Adam Petrazelli as well as a case study to study schizophrenia and a source of reference for further researches.

## B. Suggestion

In this research, researcher would like to provide suggestions to further researchers and readers as follows:

1. The researcher hopes that readers can use this thesis as a reference to find out about schizophrenic mental illness and the types of schizophrenia, symptoms of schizophrenia, and how to treat it.
2. For further research on schizophrenia, the researcher hopes to develop more complete research on schizophrenia with different objects such as films, novels, and other research related to schizophrenia because the author feels that this thesis is far from perfect.
3. The researcher hopes that this research can be reference material, especially for English Literature students at the State Islamic University of Sulthan Thaha Saifuddin Jambi and English Literature Students at other universities.

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## APPENDIX I

### THE DATA FOUND IN THE WORDS ON BATHROOM WALLS NOVEL

NO	Type of Schizophrenia	Data	Page
1.	Paranoid Type	<p>“Mrs. Brizeno said you looked up in the Chemistry lab, started, screaming, and fell to the floor.” I remember how calm she was. My mom has this jedi voice that short of washes over you whe she’s trying to get information. What that you see ?</p> <p>I didn’t answer her right away I took of my spectacles and tried to pretend she wasn’t there, waiting for an answer.</p> <p>“Bats” I said, looking down at my shoes. “ Huge black bats”.</p> <p>I didn’t tell her that they were twice the size of regular bats or that they had human or that their tiny fangs hung like needles from their mounts ( <b>Datum 1</b>).</p> <p>What do I see ? well, let’s start with who. I see Rabecca. I know now</p>	<p>4</p> <p>7</p>

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	<p>that she isn't real because she never changes. She's beautiful and tall like Amazon tall with huge blue eyes and long hair that falls to her waist. And she's sweet and never says a word. As far as hallucination go, she's completely harmless. I've only ever seen her cry once, the day my mom found out about me. When it happened, I still thought Rebecca was real. I didn't understand that she was crying because I was crying ( <b>Datum 2</b> ).</p> <p>I can watch a whole field of grass erupt into a cloud of butterflies. Sometimes voice serenade me to sleep, and now that I know they're not real, I'm not a afraid of them. So that's nice. It's the stuff that jumps out at me that makes me look like spaz.</p> <p>Like today, when the mobsters in pin-striped suits showed up in the cafeteria. I winced when the</p>	<p>8</p> <p>25</p>
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<p>gunshots went off, but the drug held up nicely.</p> <p>“Are you okay ?” Dwight asked.</p> <p>“Yeah, fine, ” I told him “headache.”</p> <p>I watch as the last mobster’s body fell to the ground, draining blood all over the clean linoleum floor. The mobsters had even twitched a little whe they died, for cinematic effect. I looked into their pale dead faces for a second. They looked like extras from the Godfather. The mob boss stared directly at me before slipping out the door and vanishing into a sea of uniforms.</p>	
<p>The real reason I am the the way I am my daddy done left me</p> <p>My dad is just an asshole. This is an undeniable truth. He left when I was eight.</p> <p>When he didn’t come home for dinner one night, my mom told me he wasn’t coming back. I remember how she’d looked whe she said it. Like all the blood had</p>	<p>26</p>

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	<p>been drained. From her face. She didn't cry. She just looked tired.</p> <p>That's why my dad is an asshole ( <b>Datum 3</b>)</p> <p>Here's something you don't know. My great- uncle greg had it. He was my grandmother's brother and the thing I remember most about their relationship was that my grandma, liked to pretend he was normal. She never made it sound like he was anything other than a normal man whith problems. I never even heard the word "Schizophrenia" mentioned when anybody talked about him. I'm not sure sure that was helpful, but it was a different time and people had less sympathy for disease that weren't killing anybody. Plus my mom said uncle greg was never diagnosed. If he hadn't had a family, he probably would've died on the streets</p> <p>( <b>Datum 4</b>).</p>	38
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	<p>The naked guy visits once in a while. He’s probably the weirdest hallucination I have. Taller than me. And stark naked. Cheeks to the wind. In my head I call him Jason. No reason, he just looks like a Jason.</p> <p>He’s actually a pretty nice guy. He reminds me to hold doors open. To say thank you. That kind of stuff. But we don’t have a relationship beyond that. Jason is just a giant, naked presence wandering the halls in my school so that’s crazy even for hallucination (<b>Datum 5</b>).</p>	<p>41</p>
	<p>The voices got louder until, quite suddenly, the buzzer signaling the end of the match sounded. We’d won by over sixty points.</p> <p>But the voices didn’t stop. They kept growing louder until I couldn’t hear my own voice and couldn’t concentrate over the sound of my pale, nerdy, cheering teammates, who were all as shocked as I was that their lowest</p>	<p>74</p>

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scorer at practice had just miraculously out geeked them all. I knew how to pretend. I just nodded and smiled at everyone, even though I couldn't hear a word they were saying.

Then I saw my mom and watched her face fall. Her eyes said it all.

*Be careful. Are you okay ?*

The voices stopped and I could think again.


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NO	Symptoms of Schizophrenia	Data	Page
1.	<p>Positive Symptoms</p> <p>Hallucination</p>	<p>There's the man in the suit with the big metal briefcase that always spills open, flinging money everywhere. And the woman with the huge dog dragging her across the lawn. Then there's the weird shadowy guy who hangs out at the edge of my line of sight, always dashing into an alleyway. The mobsters. Rebecca a few others I only see once in a while (<b>Datum 1</b>).</p> <p>In the corner of my room, I see a man standing in shadow. He's wearing a black bowler hat and crying a cane with a curved handle. Every few minutes, he checks his watch and looks at me. " it's almost time," he keeps saying under his breath. "get ready to run. Train's coming." "Almost time for what ?" I want to ask him.</p> <p>But he just smiles and says nothing. He doesn't have to. And even though he's creepy and I wish he'd leave, <i>he isn't what I'm afraid of.</i></p> <p>I'm afraid of the way thing used to be when I believed he was real. I'm afraid that someday I won't be able to watch the parade of hallucinations without doing what they tell me to do because I'm afraid the drug will stop</p>	<p>29-30</p> <p>39 – 40</p>

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	<p>working. And everyone might have good reason to be afraid of me ( <b>Datum 2</b> ).</p> <p>It's weird being at school after hours. There's something eerie about the way the empty halls look sad when they're not filled with kids. I blinked that thought out of my mind pretty quickly because the last think my mind need is terrifying image of a living, breathing school building. I'm not afraid of the dark there can't be any hallucination if I can't see anything. But that's when the voice take over.</p> <p>When I walked home, I heard a train whistle and even thought I knew no trains were running and it wasn't real, I smiled I like train. Remember when I said thatn stories trains mean etheir adventure or death ? maybe it's more than that. They might also main choice. Every time the train's whistle blows, it's like a call to do something. I just don't know what ( <b>Datum 3</b> ).</p> <p>The creepy guy with the bowler hat the birds perched on the edge of my bed. The choir of voices tahat didn't belong to anyone. I</p>	<p>56</p> <p>70</p> <p>96-97</p>
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could see. I listened for about ten minutes before I couldn't take it anymore. Jason sat in my chair with his feet up on my desk and reminded me to keep quiet so I didn't wake up paul and my mom. He wasn't really an appealing image with his bare butt cheeks nestled into my furniture, even if he was politely trying to stay out of everyone else way.

Rabeca followed me to the kitchen, her eyes tired, her face drawn. I pulled out all the baking ingredients while she found a comfortable spot on a stool and watched. I chosed all the doors leading to the kitchen and pulled out a wisk. I knew I couldn't use my stand mixer while mom ad paul were sleeping. Especially if I wanted to avoid awkward question until morning.

There's no privacy. Someone is always with you, always watching, always talking about something. When you have a man in a yellow suit asking you what time it is over and over and over again, eventually you want to answer him because you know that is what will send him away. But he's not real. And other people can hear you when you answer his question, so it's hard not to feel frustrated by that. I don't need the attention.

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	<p>So we played tennis in my family room for a while. Jason sat behind us, his bare ass nesled into the couch cushions. Rabbecca sat next to him. both of them watched our game like it was the most amazing watch they'd ever seen in their live ( <b>Datum 4</b>).</p> <p>Rupert and Basil are sitting with their lengs crossed, laughing at jokes no one else can hear, and the mob boss is standing with his gun, looking at the door. Only Rabbecca look nervous. She keeps looking at me plendingly with her eyes full of tear. But she always looks like that these days. And that's when I take her hand and tell her everything is going to be okay, even if other people are around. And that's because of something Maya said when I told her about all my imaginary friend.</p> <p>“ So Rabbecca is you, essentially?” Maya asked, straightening her glasses and lifting her head from my computer screen for the first time in hours. School is out, but she's been researching other clinical drug trials since she found out about me.</p> <p>“ Yeah, I guess she's essentially me,” I said</p>	<p>176</p> <p>194</p>
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<p>2.</p> <p>Behavior Change</p>	<p>“ Is she here now?” Maya asked.</p> <p>“ Yep,” Rabecca a handstand against the wall while Maya sat on my desk.</p> <p>The voices got lauder until, quite suddenly, the buzzer signaling the end of the match sounded. We’d won by over sixty points. But the voices didn’t stop. They kept growing louder until I couldn’t hear my own voice and couldn’t concentrate over the sound of my pale, nerdy, cheering teammates, who were all as shocked as I was that their lowest scorer at practice had just miraculously out geeked them all. I knew how to pretend. I just noded and smiled at everyone, even thought I couldn’t hear a word they were saying. Then I saw my mom and watched her face fall. Her eyes said it all. <i>Be careful. Are you okay ?</i></p> <p>The voices stopped and I could think again ( <b>Datum 1</b>).</p> <p>And like the smell of books.</p> <p>A few minutes after I arrived, I noticed Ian staring at me. He had his feet up on a nearby table, and his ayebrow were raised. I’d unknowingly started twiddling the pen in my right hand to ward off the of flies that were circling my stack of books</p>	<p>74</p> <p>93</p>
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But then I realized he wouldn't have kept staring if that we actually what I was doing. The flies weren't real.

So I stopped moving altogether then flies were still there, moving in perfect formation. Maya came back from the copy room a few minutes later and ask me why I was keeping so still. I told her I was studying, but really I was just concentrating on not acting weird. Ian was still watching me (**Datum 2**).

Rupert looked hurt.

"You're losing it," he said. "you'd rather keep quiet and take your drugs until there's nothing real left in you. Until everything that's beautiful and creative and interesting about you is diluted. You're pathetic."

"GET OUT!" I screamed.

It was bad timing. Some third grader had wandered into the bathroom at the exact moment that I'd screamed. It might have been startling to walk into someone shouting in a bathroom. But I imagine my size coupled with the fact that my fists came crashing down against the sink just as he walked in made it even more terrifying. For a second, he looked like he wanted to cry, then he bolted.

The door didn't even get the chance to slam shut behind him before I saw Ian staring at me

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	<p>blankly, thrn fumbling, hurriedly with something in his pocket as he turned toward thr puddle of puke on the urinal. He didn't say a word he didn't even look smug. I was shaking , and his eyes were just opened wide in disgust, maybe even fear ( <b>Datum 3</b>).</p> <p>“Just go,” I said. “ It’s better if you just leave.” It didn't matter thet I could suddenly hear all the voices talking at once or that the bullets from the mobsters' guns made me flinch in my bed. I pushed the button for the nurse, and maya got up and walked out, still cying. ( <b>Datum 4</b>).</p>	<p>174 -175</p>
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NO	Treatment of Schizophrenia	Data	Page
1.	Medical Intervention	<p>Dosage 0,5 mg.</p> <p>I can't really complain about pills, though. Things have gotten better since I start the new drug. We won't know how it really affects me until I've been on the full dosage for a while. They're easing me into it, which you already know. Part of the reason I'm required to sit in your office once a week so you can spot any problems and report back to clinical trial doctors.</p> <p>So I'll tell you all the stuff you already know. The drug is called ToZaPrex, which, according to the label, can cause among other things, (1) decreased white blood cell count which hinders the body's ability to combat disease , (2) seizures, (3) severely low blood pressure, (4) dizziness, (5) trouble breathing and (6) severe headaches ( <b>Datum 1</b>).</p> <p>Anyway, yeah, this drug is pretty incredible. The distance from the visions is really all I needed. Just a little bit of space away from it to watch everything happen, It's not all bad stuff, actually. Sometimes it's okay. Real. I'm not complaining about all of it. No other hallucinations to report at this point. They'll show up</p>	<p>7</p> <p>16</p>

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	<p>when they feel like it. They always do ( <b>Datum 2</b>).</p> <p>Dosage 1,5 mg. increase in dosage appears to be showing positive result. This relationship is weird because you already know that my doctors increase my ToZaPrex dosage. You already know that there are side effects, and because you are Harvard-educated psychologist, you know what those side effects are. But I'm in a good mood and the drug is working well, so I'll tell you about "my experience" with the increase. The headaches come and go. Mostly when I'm in crowded places where there is a lot of movement. And there's some sensitivity to light and increased hallucinations ( <b>Datum 3</b> ).</p> <p>The drug helps. I don't believe them anymore. The voices just kind of flicker in my head, telling me to do things. If I believed them like I used to .. they would be terrifying. Usually it's a woman's voice but, that night after practice, it was a man's ( <b>Datum 4</b>).</p> <p>Can't sleep Again.</p>	<p>29</p> <p>56</p> <p>96</p>
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	<p>It sucks when you can't sleep. It should be the easiest thing there is. I mean you just have to lie there and let it happen to you, but still it dances just out of reach. It's been like this since I was little, but it got worse when I was diagnosed.</p> <p>But then, this is a common complaint among my people. We can't sleep, because if we do, the goverment agents plotting to kill us will slip into our bedrooms and modify the tiny metal chip they're using to track our thoughts.</p> <p>Dosage 3,5 mg decreased dosage I feel fine for most of this week, it was just rabecca and the choir. The rest of them haven't been seen for days.</p> <p>Dosage unknown Bad things happened. Hospitals smell weird. Like piss and antiseptic. I should tell you that I'm not the guy you met anymore. You know this already, but I feel compelled to tell you anyway, just so you know I know. I'm not on the same drug anymore, so I'm feeling pretty tired. This other stuff they've put me on feels weird. I wet the bed when I first got here. That's one of the cool</p>	<p>141</p> <p>163</p>
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	<p>side effects. You cant really feel it when you have to pee</p> <p>But I don't think about death anymore. At least not the way I used to. Now I'm more concerned about noticing the ToZaPrex's side effect before anyone else does. But sometimes I miss things, like this week, when something new sprang up.</p> <p>I didn't know there was a name for it until it started happening more frequently, but it's called tardive dyskinesia. Involuntary muscle movements. It's one of the side effects of drugs so yeah , you should probably write that down somewhere and make it official. In my case, it appears to be manifesting itself in grimaces and smacking of lips, which isn't awkward at all. I probably look like a toothless old man eating soup.</p> <p>I didn't even know I was doing until Maya stared at me in our religion class and sent me a text : "why are you frowning like that ? knock it off, you look scary."</p>	<p>100</p> <p>100</p>
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<p>2.</p> <p>Psychosocial Family Therapy</p>	<p>The good things is that he actually does love my mom. And since my mom loves me, he makes an effort. He was the one who suggested the new private school instead of tossing me back into a school where all the kids knew there was something wrong with me ( <b>Datum 1</b>).</p> <p>I got nervous when the doctors told me they might take me off the drug. Mom says they aren't going to do anything hasty and we're still going to find a medication that does everything I need it to do, but I think she was just trying to keep me calm. She was trying to say the thing she knew would make me feel better, because that's what moms do, but I was still nervous, and sometimes when I get nervous I try to do things that aren't always a good idea (<b>Datum 2</b>).</p> <p>I didn't relize you'd told my mom about our silent sessions, but I I guess that makes sense. She doesn't really let anyone keep secrets from her. I'm sure than even if you wanted to keep that little bit of our relationship a</p>	<p>4-5</p> <p>127</p> <p>163</p>
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secret, you couldn't have. My mom knows. That's why I'm sending this entry to you as an email instead of handing it to you across your desk.

Gotta love my mom. Even when everything goes to shit she wants me to keep seeing my therapist. It's her on going journey to make me whole. Probably because she feels responsible that I'm broken. "How's my boy?" she asked like nothing had changed ( **Datum 3** ).

Didn't yor mom tell you... everything ? I know your mom that's spoken already, but it was a weird moment. *No I can't come outside to play, I'm crazy right now.*

" She did."

"Then why are you here ?"

"It's Monday, we play tennis in Mondays." He put his backpack down on the floor and started pulling things out of it.

" Okay, but you have no idea."

"Actually, I do."

"Then why are you here."

"It's Monday," he repeated as if nothing had happened and it was the most obvious answer in the world

"And I'm schizophrenic nutcase who has hallucination and hears voices."

"I know. My mom told me." He raised his eyebrows.

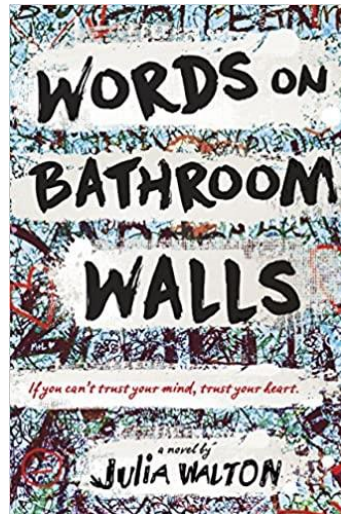
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“Dwight, I’m not going to play tennis.”  
 “Good,” he said. “That’s why I bought this.” He lifted a Wii console out of his backpack and starting plunging it into our TV in the family room. “We’ll play her.”  
 “ I suck at video games, dude.”  
 “You also kind of suck at tennis. Do you wan to serve first ?”  
 Before I could say anything else, he turn on the game and handed me a white controcoller. I started at it for about twenty second before taking it from home.

## APPENDIX II

### THE SYNOPSIS OF *WORDS ON BATHROOM WALLS* NOVEL



The novel *Words on Bathroom Walls* by Julia Walton was published in Random House Children's book in New York in 2017. This novel tells of a teenager named Adam Petrazelli who is a 16-year-old teenager who suffers from schizophrenia. At the age of 12, Adam initially felt strange things in his vision, many times he was taken by his mother to his family's mainstay doctor, dr. Leung but Adam still felt strange things that humans in general couldn't see.

When he was in the chemistry lab, Mrs. Brizeno and her friends were shocked and scared, Adam screamed and looked up at the roof of the room and fell to the floor. Adam's mother went to his school and met Mrs. brizeno then Mrs. brizeno told his mother about the incident and his mother asked adam what actually happened to him but adam didn't tell him what happened he just told his mother he saw an ordinary bat but he saw a boat that was 2x bigger than usual.

From that incident, he began to see strange things he had never seen before. Adam is feared and shunned by his classmates and his friends since childhood also stay away from him because they are afraid that one day Adam will hurt them.

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Whereas people with schizophrenia will not harm others, they only have difficulty thinking that something they have encountered is real or just a hallucination. The hallucinatory friend he first met was Rebecca, she was the most beautiful girl Adam had ever met and since Adam met Rebecca she always accompanies him.

And when he was 16 years old, his mother and stepfather named Paul took the initiative to take Adam to Paul's friend's psychiatrist. Paul is Adam's stepfather. He loves Adam very much but after he finds out that Adam has a mental illness he starts to distance himself from Adam because he is afraid that Adam will hurt him. With him he took him to his friend who became a psychiatrist and transferred Adam to the new school of St. Agatha is proof that she loves Adam because Paul hopes that Adam will feel calm at the new school. After all, no one knows everything about Adam yet. Paul is a surrogate for Adam's biological father who left him as a child and made him what he is today suffering from schizophrenia because he was very disappointed in his biological father.

St. Agatha is Adam's new school, although he has to adjust to his new environment, Adam feels calmer because no one knows all about what happened to him. At first, he met Ian he was a school ambassador who introduced him to his new school environment but in the middle of the road he was left by Ian and met Maya. Maya was the first woman to be met by Adam and Maya showed them all the rooms in the school, when she arrived in class she met Dwight, he was the most impatient person. Dwight and adam eventually became friends and sat down at the same table.

Adam often sees his hallucinations, especially his hallucinatory friend Rebecca, he meets his new hallucinatory friend, Jason. Jason is Adam's strangest hallucinatory friend because he is naked and is always in the school corridors. Apart from Adam's 2 hallucinatory friends that he saw there were many things he saw



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and suddenly heard. He often sees the mafia, Rupert and Basil they are Adam's hallucinations that sometimes appear suddenly.

Adam began to undergo treatment with drugs little by little he can control everything that is in his mind and with drug therapy, Adam can distinguish what is real and what is not. The psychiatrist said that the drug could be increased or decreased until the doctor can confirm which dose is the right one for Adam. When he took the first medicine, Adam saw Rebecca cry and wanted to be there, didn't take the medicine but what can be done, the medicine is one of Adam's ways to control his mind. The strange thing that Rabecca shows is a sign that something bad will happen and Adam hopes that nothing bad will happen.

Adam's mother was pregnant with Paul's child and when Adam was pregnant Paul was very careful and hid all sharp objects in his house, he anticipated that nothing strange was done by Adam. But behind it, all Adam is sad that he can't make cakes anymore even though when he can't sleep he bakes cakes until the morning so he doesn't feel bored. In addition, Paul's mother did not like and stayed away from Adam because she was afraid of Adam. Paul's mother always reminded Paul to be more careful with Adam.

After a long time Adam and Maya liked each other and Adam would not tell what happened to him. and adam also diligently follows therapy at his psychiatrist and when the dose of the drug decreases, there are many changes in the side effects of the drugs that adam is taking, namely dizziness, can't sleep, and urinating in his pants without him realizing it until he is finally hospitalized. Maya and Dwight didn't leave Adam they thought they would leave him but they didn't leave Adam. Adam received support from his parents and friends who initially felt hopeless until finally he was motivated to recover in the end he could not recover because Schizophrenia could not be cured for Adam but he felt much calmer after taking the drug and Rabecca is herself.

The disorder experienced by Adam is Paranoid schizophrenia with positive symptoms the schizophrenia experienced by Adam can arise at any time and can't be cured, it's just that if it is treated it can be better and his mind is calmer. The hallucinatory friends will keep coming but with drug therapy and family support, Adam will feel better.

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